

Individual Strengths and Skills Inventory

Ruth Aspy, Ph.D., and Barry G. Grossman, Ph.D.

When designing an effective intervention plan, it is important to consider individual strengths. Please describe strengths in the following areas:

Social

Behavior, Interests, and Activities

Communication

Sensory

Cognitive

Motor

Emotional

Biological

From Aspy, R., & Grossman, B. G. (2008). *The Ziggurat Model*. Shawnee Mission, KS: Autism Asperger Publishing Company; www.asperger.net; used with permission